



# Countdown

Month \_\_\_\_\_



JODI Randolph  
WELLNESS COACH

SUNDAY

MONDAY


TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

	<div> <div></div> <div> Pray for your teacher as she sets up the classroom 14 </div> </div> <div> Prize idea: pencils </div>	<div> <div></div> <div> Pray for the principal 13 </div> </div> <div> Prize idea: erasers </div>	<div> <div></div> <div> Pray for the janitors 12 </div> </div> <div> Prize idea: crayons </div>	<div> <div></div> <div> Pray for the school secretaries 11 </div> </div> <div> Prize idea: markers </div>	<div> <div></div> <div> Pray for the lunch ladies 10 </div> </div> <div> Prize idea: colored pencils </div>	<div> <div></div> <div> Pray for the bus drivers 9 </div> </div> <div> Prize idea: notebook paper </div>
<div> <div> Pray for your child's confidence 8 </div> <div> Prize idea: ruler </div> </div>	<div> <div> Pray for the learning of your child's class 7 </div> <div> Prize idea: folders </div> </div>	<div> <div> Pray for the moms 6 </div> <div> Prize idea: spiral notebook fun design </div> </div>	<div> <div> Pray for the kids with special needs 5 </div> <div> Prize idea: scissors </div> </div>	<div> <div> Pray for the dads 4 </div> <div> Prize idea: glue </div> </div>	<div> <div> Pray for safety of the children 3 </div> <div> Prize idea: construction paper </div> </div>	<div> <div> Pray for a good first week of school 2 </div> <div> Prize idea: lunch box </div> </div>
<div> <div> Pray for peace and calm and a good night's sleep for your child 1 </div> <div> Prize idea: back pack </div> </div>	<div> <div>  </div> <div></div> </div>					



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# BACK TO SCHOOL

diffuser blends for happy kids!



## RISE & SHINE

2 Lemon  
2 Wild Orange  
2 Peppermint

## BE BRAVE

2 Lavender  
2 Frankincense  
3 Wild Orange

## LET'S PLAY!

3 Grapefruit  
2 Lemon  
2 Wild Orange

## FEELING CALM

2 Lavender  
2 Bergamot  
2 Frankincense

## STAY FOCUSED

3 Peppermint  
3 Wild Orange

## BOOK WORM

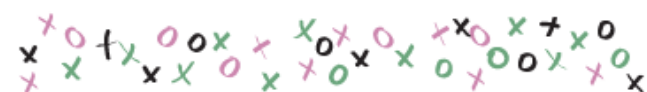
2 Rosemary  
2 Grapefruit  
2 Wild Orange

## LET'S BE FRIENDS

2 Lemon  
3 Geranium  
3 Bergamot

## SWEET DREAMS

2 Lavender  
3 Cedarwood  
2 Bergamot



## DIY Ideas



Make a gift basket for your child's teacher:

gift card  
essential oils and diffuser  
snacks  
chocolate  
fun things for the teacher



Choose fun, healthy snacks with your child for your child



Create a lunch plan with your child and shop together for the items



Write a weeks worth of encouraging notes to put in your child's lunch box the first week of school

Visit [referral.doterra.me/1430437](https://referral.doterra.me/1430437) to order essential oils at 25% off